

Florida's Early Steps Program: Information for Families

What is Early Steps?

Early Steps is Florida's early intervention program offering supports and services for eligible families of children aged birth to three who have or are at-risk for developmental delays or disabilities.



What happens during an Early Steps Visit?

- You and a provider will work together to identify daily routines, like meals, bath, or outdoor play, as times when you can support your child to practice skills you want them to learn.
- You and a provider will work together to help you identify and use strategies to help your child learn.
- You will have the tools you need to support your child's development and learning during routines between provider visits!



How does Early Steps work?

- Early Steps providers visit regularly and support you to help your child learn new skills during your everyday routines. We call this approach embedded intervention. In Florida, it is known as Florida Embedded Practices and Intervention with Caregivers (FL-EPIC).
- Services and supports are individualized for each child's and family's priorities, strengths, and preferences.
- Services and supports are provided at no cost or minimal cost.



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